



INDEP Drop In Ormskirk

**Every Thursday
9-4**

***OPEN DAY
THURSDAY
7TH DECEMBER 2006
11-2***

**ANYONE CAN DROP IN AND SEE
WHAT WE ARE DOING. PLEASE
COME ALONG AND SEE US.**

How can people help us!

**We would like our local community
to get involved**

WE NEED

**COMMUNITY SUPPORT
COMMUNITY ACCEPTANCE
COMMUNITY KNOWLEDGE
COMMUNITY INFORMATION**

If you can help give us a ring

**WHY NOT DROP IN
AND
HAVE A DRINK
WE WOULD LOVE TO SEE YOU**

Supported by Mencap West Lanes and LCC

**InDep Drop In
The Guide Hut
Moorgate
Ormskirk
L39 4RT**

**Tel: 01695 731010 or
Mobile 07756 799284**



SOME OF THE PEOPLE THAT COME TO INDEP



Message from Linda Brunt, Project Co-ordinator

Since InDep started I feel that people have moved forward considerably. When we started people used to ask the co-ordinators what to do, now they just go ahead and do things themselves. Amongst the things we have organised for people to do are, trips to various places, keep fit classes, watch films, play cards and dominos, arts & crafts classes and many more things. At present we are starting to make DVD's called "MY Life" which will be about people lives and what they want to achieve. We also recently had a policeman talking to us about the views of the disabled on crime and police related matters. InDep has already achieved some of what people have said they want to do, such as having a game of bowls, a cinema trip, lunch trip.

Message from Tracy Smith, Community Support Officer

"Some people do not have the opportunity to go into Ormskirk town. InDep is central and easy access to local amenities/facilities. Our service users have become more independent as time goes by. It's also nice to meet independent people who do not access the day centre."

Message from Derek Anderson, Community Support Officer

"InDep is an exciting new venture and with support of the local community we are making links that have not been made before."

Statements from people who attend InDep

"I like telling jokes and getting ideas. It was my idea to organise the fund raising walk round Ormskirk"

"I like coming to InDep because it keeps me busy. It gives me something to do. I live in Skelmersdale and travel independently to Ormskirk."

"I like keep fit and I like playing my music on the CD player. We also watched a really good film"

"I like to make things in the Arts & Crafts class"

"I like it a lot. I like keep fit and I like to go into Ormskirk town on my own shopping and playing snooker."

"I like coming to InDep and meeting my friends"

"I like coming to InDep because I don't go many places and it's nice to come with my friend and I really like meeting people and doing keep fit"

"I like doing keep fit and doing arts & crafts"

"It's a nice place to bring my daughter and it's nice to see people who are down to earth and who are understanding of disabilities"

"I like coming with my mum and meeting people. I like to sit and draw"

"I just like being amongst people"

"I like doing keep fit, helping people that come and my good friend Linda and me sort out the kitchen. I like doing arts & crafts"

"I like helping our keep fit instructor with the music she likes to play. I am good with entertainment and play films. From InDep I have been doing my travel training into Ormskirk town centre"

"I like doing mosaic colouring. It was good when the police officer came to give a talk. I help to put the tables up"

"I feel that InDep is a special place for my friends. I come to InDep and then go onto my job and come back later."

"I love coming to InDep. I like doing keep fit and then I go to Age Concern luncheon club for lunch and play bingo. I like InDep because I like to be independent and do my own thing. It's nice to be with my friends and I also like doing arts & crafts."

"I like to come to InDep. The bus drops me off from home so I do not go into the Day Centre at all. I go into town independently and go to the bank and to play bingo at Age Concern and then I come back to InDep"

"I like going to InDep because it breaks my week up from the centre"